

2023-2024

 *Break Free* **to**

BOLD

6-Month Intensive Session Dates

	Dates
<i>Retreat #1</i>	<i>Friday, October 20th - Sunday, October 22nd in Lake Tahoe, CA</i>
Stage 4	Monday, November 6th at 4pm - 6pm PST
Stage 4	Monday, November 20th at 4pm - 6pm PST
Stage 5	Monday, December 4th at 4pm - 6pm PST
Stage 5	Monday, December 18th at 4pm - 6pm PST
Stage 6	Monday, January 8th at 4pm - 6pm PST
Stage 6	Monday, January 22nd at 4pm - 6pm PST
Stage 7	Monday, February 5th at 4pm - 6pm PST
Stage 7	Monday, February 26th at 4pm - 6pm PST
<i>Retreat #2</i>	<i>Friday March 1st - Sunday March 3rd in Scottsdale, AZ</i>